

DOWNEY UNIFIED SCHOOL DISTRICT
Middle School Course Outline

Course Title: Sewing/Needlecrafts (One Semester)

Grade Level: 7,8

Prerequisites: None

Course Description:

This course will place emphasis on the student as a consumer in exploring various areas of clothing, such as the purchase and care of sewing related materials, understanding and using patterns, and safely operating sewing machines and equipment. The student will become more aware of his personal clothing needs and how these needs can be met through individual projects. Reading, writing, and basic math skills are integrated throughout the course content. Students are required to furnish materials used for projects in this class.

Student Performance

Objectives for this
Course:

Students will

1. identify parts of the sewing machine and demonstrate its proper use.
2. practice safety skills when using the sewing machine, irons, and scissors.
3. build decision-making skills when selecting and purchasing clothing-related material.
4. analyze information on labels and hang-tags, and proper care of clothing.
5. apply the elements of color, line, and design in selecting patterns and garments.
6. construct a project following directions given on commercial patterns.
7. use basic math skills in constructing projects.
8. discuss the effects of personal hygiene on good health and self-esteem.
9. choose and construct various home craft projects.

Sewing/Needlecrafts - continued

10. complete a written assignment using correct punctuation, spelling, and grammar.

Instructional Strategies

Reading - patterns, guide sheets, pattern books
Individual writing assignments
Worksheets
Lectures
Demonstrations
Individual sewing projects
Tests

Instructional Units

Weeks Unit

- | | |
|------|---|
| .5 | A. Introduction |
| | 1. Safety |
| | 2. Equipment |
| | 3. Projects |
| | 4. Fabric selection and care |
| .5 | B. Parts of the sewing machine |
| | 1. Identification |
| | 2. Proper operation and care |
| .5 | C. Construction Techniques |
| | 1. Define and explain sewing terms |
| | 2. Use of patterns |
| | a. appropriate pattern selection |
| | b. identify pattern markings |
| | c. correct pattern layout |
| | d. following directions on guide sheet |
| 16.0 | D. Individual Projects |
| | 1. Samples - to be interspersed throughout course |
| | a. two types of buttons |
| | b. hand basting |
| | c. 5/8" machine seam |
| | d. seam finish |
| | e. dart |
| | f. hand-stitched hem |
| | g. machine-stitched hem |
| | h. zig zag |
| | i. gathering |

Sewing/Needlecraft - continued

Instructional Units - continued

Weeks Unit

D. Individual Projects - continued

2. Craft project (s) (other than sewing machine)
 - a. needle point
 - b. cross stitch
 - c. embroidery
 - d. latch hook
 - e. any project needing hand-sewing
3. Teacher and student selected garment(s)
(one or more, depending on time available)

1.5 E. Personal Hygiene

1. Grooming and self-esteem
 - a. skin and hair care
 - b. cleanliness
2. Proper care of clothing

19 weeks total

Evaluation

Student progress will be evaluated by:

Completion and quality of assignments
Class participation
Teacher observation and evaluation
Student performance
Attendance
Tests

Materials and Resources

1. Pattern books
2. Choices (magazine) - class set
3. "To Sew" - sewing booklet - class set
4. Janus Booklet Series - Clothing